

****3rd Annual****
Ashford Dash at J.N. Webster Scout Reservation
Sponsored by the Nipmuck District
Saturday, June 4, 2016 – 9:00 a.m.

Register Online at usaxc.com

Pre-Registration: \$20.00

Registration Fee Day of Race: \$25.00

Free T-Shirts to the first entrants

The Ashford Dash is a 5k trail run at J.N. Webster Scout Reservation. The course is a mix of dirt roads, trails, and fields. Course starts on the parade field, the first half mile is a small loop around the parade field and surrounding roads. Race continues through sites 1-4 towards the ranger station. Then a left at the ranger station will bring you onto the ATV trails towards the outpost. The race ends with a dash across the dam and finishes in the parade field

Trophies for the following categories:

12 & Under	30 – 39	60 & over
13 – 18	40 – 49	Troop Awards
19 – 29	50 – 59	

Race day registrations will take place on the parade field – **7:30 am - 8:45 am**

Race Contact: Daniel Caron bctiming.com/contact

3rd Annual Ashford Dash 5k Trail Run
November 11, 2018 - 9:00 a.m.

Please bring non-refundable entry fee to the race for packet pickup. Please e-mail registration form to bctiming@usaxc.com or bring form to the race day registration table.

Please make checks payable to:
Connecticut Rivers Council

Name (First/Last): _____ Sex: _____ Age: _____

City: _____ State: _____ Phone: _____

Please Indicate Shirt Size: Child M Child L Adult S Adult M Adult L Adult XL Adult XXL

Waiver: Please enter me as a runner in Ashford Dash 5k Trail Run. My entry fee is enclosed. In signing this form I hereby, for myself, my heirs, executors, administrators, waive and release the Nipmuck District., its officers, directors, agents and volunteers, J.N. Webster Scout Reservation, all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event. Runners under 18 years must have parents' written permission to participate

Runner's Signature and/or (Signature of Parent or guardian if under 18 years of age)

Date