



Brookfield Parks & Recreation presents...

# The 27<sup>th</sup> Annual "Well Adjusted, LLC"

## Halloween Run

Date: Sunday, October 28, 2018

Time: 5 K Race begins at 10:00 a.m.

Place: Brookfield Municipal Center, 100 Pocono Road, Brookfield CT

Pre-registration fee: \$25.00 (must be received by 4:30 p.m. on 10/26)

**Register online at [Brookfield.usaxc.com](http://Brookfield.usaxc.com). (Online registration closes at 4:30 p.m. on 10/25)**

Race Day Registration: \$30.00 (cash or check only) starting at 8:30 a.m.



Our chip-timed race features long sleeve T's to first 200 registered, awards to top three overall runners as well as in nine age groups (8 and under; 9-13,14-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+), water station, splits at mile marks, prizes for best costumes, post race raffle, and excellent post race refreshments. USATF certified #CT06013JHP. Walkers welcome! Course route available at [www.brookfieldct.gov/rec](http://www.brookfieldct.gov/rec).

## Kids K Fun Run

Kids K registration includes short sleeve t-shirt and medal and is suggested for children ages 3 - 8.

Date: Sunday, October 28, 2018

Time: Kids K begins at 9:30 a.m. SHARP! No Race Day Registrations accepted for KIDS K.

Place: Brookfield Municipal Center, 100 Pocono Road, Brookfield CT

Pre-registration Fee: \$12.00 (must be received by 4:30 p.m. on 10/26)

**Register online at: [Brookfield.usaxc.com](http://Brookfield.usaxc.com) (Online registration closes at 4:30 p.m. on 10/25)**

**Make checks payable to "Town of Brookfield" and return form to:**  
**Brookfield Parks & Recreation**  
**162 Whisconier Road**  
**Brookfield, CT 06804**

Entry Form: (Detach and Return)

EVENT: (circle one) 5K Run    5K Walk    Kids K Fun Run - (Children's Shirt S M L XL)

NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_

STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_ ADULT SHIRT SIZE: S M L XL (5K Run or Walk only) GENDER: M \_\_\_\_\_ F \_\_\_\_\_

EMAIL: \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_/\_\_\_\_/\_\_\_\_ AGE RACE DAY: \_\_\_\_\_

Have you competed in the other 3 races as part of the Four Seasons Challenge Series\*? \_\_\_\_ YES \_\_\_\_ NO  
 (\*New Year's Day 1/1/18, Mother's Day 5/13/18, Strides to Cure Diabetes 6/10/18)

WAIVER: I hereby certify that I have sufficiently trained for this event. In signing this form I understand that I agree to absolve and hold harmless the Town of Brookfield, Parks and Recreation Department, and all sponsors, be they individuals or organizations, singly or collectively, of all blame for any injury, misadventure, harm, loss or inconvenience suffered in any of the activities associated with said event.

Signature of Participant (Parent/Guardian if under 18)

Date